

CCA – 8102 – TRF:

Transferring, Lifting & Moving Techniques with or without Equipment

Course Objective

- Assist the participant with a **proper, simple & important transferring & lifting techniques** to provide a quality care to care recipient (i.e. senior citizens, disabilities) after the training

Course Content

- Transmission Precaution
- Mobility equipment (walking aid)
 - Types & usage
- Transferring equipment
 - Types & usage
- Proper transfer techniques
 - One man transfer
- Management of mobility equipment
 - Maintenance
 - Cleaning
 - Storage

Who should attend

- Caregivers (i.e. Family members, domestic helpers) of the elderly, disabilities or with severe dementia

Entry Requirement

- Physically Fit (Note: Pregnant ladies are not allowed for this training)
- Able to read, speak and understand simple English

Medium of Course:

- English
- Malay
- Burmese (Myanmar Language)

Duration, Training Venue & Methodology

- 2 Hours
- Home Based with “ Theory & Practical ” (one-to-one)

Course Fee

- \$150 per participant
- ❖ **Note:** This program is eligible for **Caregiver Training Course Rebate (CTCR)** and all Singaporean/P.R. (age 18 or above) can enjoy **50% Less** immediately **or maximum up to S\$500** in each calendar year.

Certification

- A Statement of Attainment will be given to participants who have completed the individual module assessment & with a “competent” result.

Application & Payment

Course Application Procedure

Step 1: Complete the Course Registration (Caregiving Skills) Form with related documents and submit to us

Step 2: Attach the listed and required documents to submit together

- Trainee's (Singaporean or PR) NRIC Copy (Front & Back)
- A copy of Trainee's (Domestic Helper) Work Permit (Front & Back)

Step 3: Submission Method

- By Email: training@sgcaregiver.org
- By Fax: (65) 6259 3958
- By Post: 1999 Lorong 8 Toa Payoh # 02 – 01, Toa Payoh South Community Club, (S) 319258

Note:

If choose to submit by email / fax, the original copy of Course Registration & CTG Form must be submitted on the first day of training

Payment:

Method 1: By Cash (the co-payment must be paid on the 1st day of training)

Method 2: By Cheque

- Write down the Name of Course / Course Date / Name of Trainee on behind of the cheque
- Make the cheque payable to: **Singapore Caregiver Training & Consultancy Pte. Ltd.**
- Mail address: Singapore Caregiver Training & Consultancy Pte. Ltd.
1999 Lorong 8 Toa Payoh #02 – 01, Toa Payoh South Community Club, Singapore 319258

(Note: at least 12 working days before the course commences to settle the payment)

Enquiry

- 6258 2801 / 6259 1877 or training@sgcaregiver.org